

APPLICATION FOR FUNDING TOBACCO PREVENTION AND CONTROL SERVICES

2008-2009

Allocation for your School District: \$ 10,228 Date: October 14, 2008


APPLICATION INFORMATION	
District: Stanwood-Camano School District	
Program Contact: Michael Olson	
Title: Assistant Superintendent for Secondary Education	
Phone: 360-629-1237	
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Fiscal Office Contact: Linda Stang	
Phone: 360-629-1200	
Email: lstang@stanwood.wednet.edu	

PROJECT SUMMARY			
Project Activities		Activity Allocation	
	# of schools		Funding Allocation
<input type="checkbox"/> Policy		Policy	\$
<input type="checkbox"/> Curriculum		Curriculum	\$
<input type="checkbox"/> Training		Training	\$
<input type="checkbox"/> Policy		Policy	\$
<input type="checkbox"/> Curriculum		Curriculum	\$
<input type="checkbox"/> Training		Training	\$
<input type="checkbox"/> Parent Involvement		Parent Involvement	\$
<input checked="" type="checkbox"/> Intervention		Intervention	\$10,228
<input type="checkbox"/> Community Partnering		Community Partnering	\$
<input type="checkbox"/> Evaluation		Evaluation	\$
<input type="checkbox"/> School Enhancements		School Enhancements	\$
TOTAL		TOTAL	\$



Your Tobacco Application Guide & Highlights

We are very interested in knowing everything your district is doing related to tobacco prevention and intervention, whether you are using your 2007-2008 allocation for these activities or not. With that in mind:

- Please be sure to fill out your application completely!
 - “Project Summary” Table
 - Under “Project Activities” on the left, check all boxes that your schools/district will be working on during the year, whether you are using tobacco funding for them or not.
 - Under “Activity Allocation” on the right, include how much of your allocation will be used under each category. Only complete for those categories where you will be using tobacco funds.
 - Activities 1-8
 - Check applicable boxes for all activities your schools/district will be working on during the year, whether you are using tobacco funding or not.
 - If you check “Other” under any activity, include a detailed explanation of what you intend to do.
 - Activity 5: Intervention
 - If you check “Enhance P&I Services”
 - Be sure to include all contact info for your PI
 - You must also include the % of your PI’s salary to be paid with tobacco funds.
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NWESD
NWESD
- ⇒ **New requirement for this year...**if you use funding to pay for PI salary & benefits, that specific PI will be required to complete a set of tobacco related requirements/activities during the school year.
 - **NEW REQUIREMENT FOR THIS YEAR...** if you use funding to pay for PI salary & benefits, that specific PI will be required to complete a set of tobacco related requirements/activities during the school year. NWESD 189 TPCP staff will do periodic checks of RMC data and contact PI’s during the school year to check in and offer technical assistance & support. If these requirements are not met during the year, we will not be able to approve your final invoice.
- Itemized Budget Request Summary (last page)
 - Complete budget for those activities that will be enhanced with your tobacco allocation this year.
 - You must provide a brief description under each activity being funded.

DISTRICT WORKPLAN ACTIVITIES

Activity 1: Policy

Activities related to this objective are intended to provide school districts and school buildings with skills, resources, and information that will result in sustainable, logical, and well implemented tobacco control policies. Specifically, activities involving community members, providing training for staff, and increasing awareness of tobacco control policies among students, staff and/or the community.

Public Awareness and Education

Conduct an awareness/education campaign to increase knowledge among students, staff, families and community members about the existence of tobacco-free policies.

Promote Tobacco-free School Norms

Use social marketing strategies to promote tobacco-free norms. This could include broadly distributing anti-tobacco posters or marketing materials, or having signs posted that clearly express rules about tobacco.

Policy Advisory Group

Engage a "Policy Action Group" to review and update tobacco-free policies and/or enforcement; identify school/community overlap or gaps in enforcement, and opportunities for improvement (for example, by establishing a single diversion program for community and school-based youth tobacco possession referrals).

Other

Please explain:

Activity 2: Curriculum

Activities related to this objective are intended to provide universal tobacco education among youth. Specifically, youth in grades 5 – 9 should receive instruction about the short and long term effects of tobacco use, peer norms regarding tobacco use and refusal skills.

Curriculum Review / Advisory

Engage a stakeholder group to review and identify existing tobacco prevention curricula, assure that every youth receives tobacco prevention training, and make recommendations for additional curricula and plans to implement it in the district/building.

Life Skills **Implement** **Continued use**

Grades: _____

Life Skills is delivered in 15 sessions year one, with 10 booster sessions for year two and 5 booster sessions year 3. The initial year of curriculum is given during 6th or 7th grade.

Project TNT **Implement** **Continued use**

Grades: _____

Project TNT (Towards No Tobacco Use) is delivered in 10 lessons in grades 5 – 8.

Great Body Shop **Implement** **Continued use**

Grades: _____

The Great Body Shop is a comprehensive preK-6 grade health curriculum that is taught throughout the year with a different topic/focus each month.

Project ALERT **Implement** **Continued use**

Grades: _____

Project ALERT is a 14 lesson program ideally taught in 6th and 7th or 7th and 8th grade.

Science, Tobacco & You **Implement** **Continued use**

Grades: _____

S,T & Y curriculum is 9 modules/22 lessons long and designed to be taught in a science class.

Here's Looking at You **Implement** **Continued use**

Grades: _____

HLAY is a prevention curriculum for K – 12 grade with varied number of sessions

Here's Looking at You **Implement** **Continued use**

Grades: _____

HLAY is a prevention curriculum for K – 12 grade with varied number of sessions for each grade.

Media Literacy **Implement** **Continued use**

Grades: _____

Curriculum: _____

Other

Please list other prevention curriculum that is used in grades 5 – 9 in your district.

Activity 3: Training

Activities within this objective are intended to provide school district facility and staff with skills, resources, and information that will result in comprehensive school-based tobacco prevention programs. Specifically, activities involve providing training to deliver specific curricula.

Curriculum Delivery Training

Please list curriculum and number of people to be trained:

Intervention/Cessation Skills

Provide training to school staff in motivational interviewing or other counseling skills to conduct youth tobacco interventions. Provide cessation program training such as NOT, END, TAP/TEG for school staff to increase resources for youth ready to quit.

Training to Motivate Key Staff

Conduct a campaign or training to motivate key staff and students about the importance of school-based tobacco prevention programs, how to support them and what resources are available.

Other Training

Implement other training to support comprehensive school-based programs.
Please list other trainings:

Activity 4: Involve Parents/Families in Tobacco Prevention

Activities related to this objective are intended to involve parents meaningfully in preventing their children from beginning to use tobacco. In some cases, parents who are themselves addicted to tobacco may have concerns about how to honestly communicate tobacco-free values, or some parents may not feel that tobacco use is something that should be discussed in the home.

Parent/Family Educational Events

Conduct family events to educate parents and increase their skills in presenting tobacco free values at home. This could include discussion/education during a parent orientation, “Family Night Out”, or other special family events.

Parent/Family Informational Materials

Conduct a campaign to motivate parents/families to talk to children about tobacco-free values. This could be achieved using social marketing strategies, or through newsletters or other information distribution.

Parent/Family Secondhand Smoke & Cessation Skills

Provide support and information for parents to create a tobacco-free home environment. This could include through referral to cessation resources, or strategies to eliminate secondhand smoke exposure for children.

Strengthening Families Curriculum

Conduct a Strengthening Families class in the district or in a school in the district.

Other

Please describe:

Activity 5: Intervention

Activities related to this objective are intended to provide youth who already use tobacco with early intervention or support to quit before the onset of addiction.

Enhance P&I Services

Increase availability of Prevention and Intervention Specialists at schools for at-risk youth or increase emphasis on tobacco prevention and intervention among existing P&I Specialists.

If funds will be used to extend P&I staff time, please list staff name and contact information below (attach an extra sheet if necessary).

Name: Wendy Bates

Worksite(s): Stanwood High School and Lincoln Hill High Schools

Phone: 360-629-1340

Email: wbates@stanwood.wednet.edu

Percent (%) of Salary paid for by Tobacco funds: 33%

By completing this section, I agree that my PI will complete the required tobacco activities and requirements during the 2007-2008 school year (please check).

Provide Youth Intervention/Support Programs

Provide tobacco intervention support for youth found in possession of tobacco (diversion, alternative to suspension programs).

Provide Youth Cessation Programs

Provide tobacco cessation support for youth to help them quit tobacco use (through programs such as NOT, END, TAG/TEG, etc.).

Other

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Other

Please describe:

Activity 6: Partnering with Community

Activities related to this objective are intended to provide school districts and schools access to resources, and information that will result in more sustainable and efficient school-based tobacco prevention programs. Specifically, activities involve collaboration among school and community members for planning, program delivery, and sharing of resources.

Shared Program Resources

Create structures within your community/district to share resources for youth, staff and family members through community support (i.e. shared materials, staff, joint program deployment).

Support Youth Recruitment

Create structures to recruit youth for community-based programs through school systems (provide school contacts, deliver periodic updates, develop other methods of communication). Activities could include informing schools about opportunities for involvement in local tobacco youth summits, Camp Speak Out, Outrage, local youth tobacco coalition events and meetings, encouraging schools to not penalize students for missing school while participating in tobacco advocacy programs, and providing transportation or chaperones for events.

Other

Please describe:

Activity 7: Support Assessment and Evaluation Activities

Activities related to this objective are intended to provide school staff and organizations with access to data that describes tobacco use, and associated risk and protective factors among students or at the county level. This information is vital to evaluations of the comprehensive statewide program to prevent tobacco use among youth.

x Healthy Youth Survey – Fall 2008

Please list the number of schools that will participate in the survey for each grade below:

GRADE	# of SCHOOLS
6 th grade	3
8 th grade	3
10 th grade	2
12 th grade	2

Collaborative Data Use for Planning

Support community and school partnerships for sharing data (collaborative needs assessment or other data sharing).

Other

For example, this could include tracking number of student violations of the tobacco policy.

Please describe:

Activity 8: School Program Enhancements

Activities related to this objective are intended to provide school districts and individual schools with creative outlets to enhance comprehensive school-based tobacco prevention programs. These enhancements create attention and interest around tobacco prevention issues. Specifically, activities may engage youth and staff through special events, meaningful opportunities for participation or guest speakers.

Peer Education Programs (TATU)

Implement the Teens Against Tobacco Use (TATU) model, or other peer education model, in a school setting.

Special Events

Implement special events or guest speakers to enhance comprehensive school programs.

Youth Coalition or Group

Support or establish school-based youth groups that address tobacco prevention and control. To the extent that community youth groups exist, school-based groups should be linked with them. For example, school-based youth groups could conduct peer-influencing activities within their school, and also provide delegates to a community-based youth group.

Other

Please describe:

Northwest Educational Service District 189

Assurances Agreement

Tobacco Prevention Program

2008-2009

This agreement is made and entered into by and **between the Northwest Educational Service District (NWESD) and STANWOOD-CAMANO School District** for the purpose of delivering Tobacco Prevention programming.

Duration

The goals of this agreement are to promote opportunities that support primary tobacco prevention educational opportunities in grades five (5) through nine (9) as established by the WA Department of Health. In consideration of the mutual assurances and other considerations recited in this agreement, the parties mutually agree to the following:

School District Will

1. Target grades five (5) through nine (9) in their tobacco prevention efforts.
2. Use existing or develop a working "No Tobacco" policy that supports Tobacco Prevention efforts according to Washington Administrative Code (WAC) guidelines.
3. Implement the 2008 Healthy Youth Survey (HYS) by October 17, 2008.
4. Develop a Tobacco Prevention Plan that identifies work or involvement in all of the following areas:
 - Develop or enhance a "No Tobacco" policy that supports Tobacco Prevention efforts.
 - Implement a Tobacco Prevention curriculum that follows Center for Disease Control and Prevention (CDC) guidelines.
 - Train teachers and staff in tobacco prevention and control and/or curriculum.
 - Involve parents in Tobacco Prevention activities.
 - Provide activities intended to provide youth who already use tobacco with early intervention or support to quit before the onset of addiction.
 - Create and/or expand links to community-based Tobacco Prevention or other
 - Provide activities intended to provide youth who already use tobacco with early intervention or support to quit before the onset of addiction.
 - Create and/or expand links to community-based Tobacco Prevention or other youth empowerment organizations.
 - Participate in a year-end evaluation activity.
 - Collaborate with community providers to improve access to tobacco intervention for students and staff.

(NWESD will allocate funds towards any of these areas within a comprehensive plan for grades 5 through 9.)

Northwest Educational Service District 189

Assurances Agreement

Tobacco Prevention Program

2008-2009

5. Connect curriculum to Essential Academic Learning Requirements (EALRS), Principles of Effectiveness (POE) for Safe and Drug-Free Schools (SDFS) and other related Tobacco Prevention programs.
6. Demonstrate linkage of Tobacco Prevention funding to existing programs, staff and other grant funding in order to maximize prevention efforts.
7. Assess, evaluate and engage in continuous quality improvement including:
 - Baseline Data
 - Reports/Surveys
 - Pre and Post tests
 - Annual assessments