

February 26, 2020

(This message is posted on SCSD website homepage: www.stanwood.wednet.edu and emailed to staff and families)



Dear Stanwood-Camano School District staff and families,

With the Coronavirus, also called COVID-19, showing up in more countries and more visible in the media, you might want to know what the district is doing to keep students and staff healthy.

District staff, including administrators and school nurses, receive updates about COVID-19. They receive updates from the Snohomish/Island Health Districts and state Health Department and will work with any families who may have recently returned from affected countries.

The health districts are still advising the risk of contracting the virus is very low, but we are being cautious and vigilant with any family who may be returning from affected countries, which is likely a very small number in the school district. In the unlikely event of a confirmed case of COVID-19 in one of our schools, we have specific protocols to follow to notify families and minimize spreading of the virus.

WHAT YOU CAN DO

Prevent:

The best prevention to avoid upper respiratory infections, including COVID-19, is to follow these steps:

- Wash hands often with soap and water for at least 20 seconds
- Avoid touching eyes, nose, or mouth with unwashed hands
- Avoid contact with people who are sick
- Stay home while sick and avoid close contact with others
- Cover mouth and nose with a tissue when coughing or sneezing, then throw the tissue in the trash and wash hands
- Practice Social Distancing (i.e. Personal Space)
- Get a flu shot

Plan:

Plan for childcare at home if your child gets sick. If you have children with asthma or other medical conditions that put them at higher risk for an infection, talk to your health care provider now about a plan to protect them during the flu season.

Please remember that the risk of COVID-19 is not at all connected to race, ethnicity, or nationality.

Stay informed:

If you're interested in learning more about COVID-19 or getting updates the [Snohomish Health District](#), [Island County Public Health](#), and [Washington State Department of Health](#) websites are full of information and offer subscription-based newsletters and alerts.

