

**Stanwood-Camano School District**  
**Family Communication**  
**3.26.20**

**Frequently Asked Questions**

**What is the plan for conferences? Are they still scheduled for next week?**

Normal conferencing will not be taking place; however, if you have questions about your child's progress or the work assigned to them, please reach out via email to your child's teacher.

**How can individuals access support if they are having a hard time coping with the isolation/stress of the current COVID-19 situation?**

People seeking emotional support related to COVID-19 should be encouraged to contact DDH (Disaster Distress Helpline) at 1-800-985-5990 or text TalkWithUs to 66746 to talk with crisis specialists. DDH is available 24/7. Additionally, North Sound 211 is available Monday – Friday, 8 AM to 5 PM and has been building a resource library specifically to COVID-19. After hours, 211 has a recorded message directing callers to DDH or offering a warm handoff to the local crisis line operated by VOA through a menu selection.

Links to detailed information can be found at [Family Resources](#).

**What are the rules of the “Stay Home, Stay Healthy” order?**

*The Seattle Times* explains the “Do's and Don'ts” of the Stay at Home order [here](#).

\*Please watch for an upcoming survey regarding our instructional rollout. Families should watch for a Google Survey on Monday, March 30.