



TO: Board of Directors  
FROM: Robert Hascall  
SUBJECT: Board Policy  
DATE: May 1, 2018  
TYPE: Action Needed

We are revising Student Policy 3411, Student Sports – Concussion and Head Injuries to accurately reflect current practice and recommended policy. The revised policy number is 3422 and the name has changed to Student Sports – Concussion, Head Injury, and Sudden Cardiac Arrest.

Recommendation: To approve the second reading/adoption of updated Student Policy 3422, Student Sports – Concussion, Head Injury, and Sudden Cardiac Arrest.

## **STUDENT SPORTS – CONCUSSION, HEAD INJURY AND SUDDEN CARDIAC ARREST**

### **Concussion and Head Injury**

The Stanwood-Camano Board of Directors recognizes that concussions and head injuries are commonly reported injuries in children and adolescents who participate in sports and other recreational activities. The Board acknowledges that the risks of catastrophic injuries or death are significant when a student with a concussion or head injury is not properly evaluated and managed.

Therefore, all competitive sport activities in the District will be identified by the administration and all appropriate District staff, coaches, and team volunteers will complete training as required in the District procedure to recognize the signs and symptoms of concussions or other head injuries. Additionally, all coaches will comply with Washington Interscholastic Activities Association (“WIAA”) guidelines for the management of concussions and head injuries.

**Consistent with Washington law,** the District will utilize guidelines developed by the WIAA and other pertinent information and forms to inform and educate coaches, youth athletes, and their parents and/or guardians of the nature and risk of concussions and head injuries, including the dangers associated with a student continuing to participate in athletic activities after she/he suffers a concussion or head injury.

The District will annually distribute a head injury and concussion information sheet to all parents and guardians of student participants in competitive sport activities. ~~The parent/guardian and student must return a signed acknowledgement indicating that they have reviewed and understand the information before the student participates in any covered activity. Until this acknowledgement form is returned and on file with the District, the student may not practice or compete in any athletic activities.~~

### **Sudden Cardiac Arrest**

**The Board of Directors further recognizes that sudden cardiac arrest is reported to be the leading cause of death in young athletes. The board will work with the WIAA and the University of Washington medicine center for sports cardiology to make available an online pamphlet that provides student athletes, their parents/guardians and coaches with information about sudden cardiac arrest. To this end, the district will maintain a link on its website to the OSPI website where the online pamphlet will be posted.**

**Annually, prior to participating in an interscholastic athletic activity, students and their parent/guardian must review the online pamphlet and return a signed statement to the school documenting their review. This form may be combined with the annually distributed head injury and concussion information sheet referenced above.**

**The board will also work with the WIAA and the University of Washington medicine center for sports cardiology to make available an existing online sudden cardiac arrest prevention program for coaches. Every three years, prior to coaching an interscholastic athletic activity, all coaches will complete the online program and provide a certificate of completion to the district.**

**All coaches, including volunteers, will complete training as required in the district procedure. Additionally, all coaches will comply with Washington Interscholastic Activities Association (WIAA) guidelines for the management of sudden cardiac arrest.**

**Prior to their first use of school facilities, all private nonprofit youth programs must provide a written statement of compliance with this policy in regard to sudden cardiac arrest with proof of insurance as required by RCW 4.24.660.**

Cross References:      Policy 3412      Automated External Defibrillators  
                                 Policy 3418      Response to Student Injury or Illness  
                                 Policy 4260      Use of School Facilities

Legal References: RCW 4.24.660 Liability of school districts under contract  
with youth programs

Management Resources: 2015 June Policy Issue  
2014 August Policy Issue  
2009 August Policy Issue

**Adoption date: 08.05.14**  
**Stanwood-Camano School District**  
**Revised: Proposed 05.01.18**